# Bi-Borough Integrated Neighbourhood Team Development Overview

Westminster & Royal Borough of Kensington and Chelsea Health & Wellbeing Board

23<sup>rd</sup> November 2023































## INTs are the deliverable vehicle for ...



## What's the purpose, ambition & scope?

### Why Integrated Neighbourhood Teams?

- Multi-sector professionals of local providers working with community
- Integrated service teams working on priority groups / cases / issues; sharing care plans, approaches and processes
- Reducing health inequalities achieving improvement in population health outcomes and deliver a more holistic support system that addresses wider social determinants
- Reducing health inequalities
- Improving collaboration, reducing barriers, silos and handoffs
- Defining population health strategy and priorities in given neighbourhood



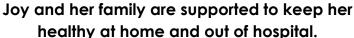
### Why is this important?

- Opportunity to work with residents and partners
   differently tailoring to our communities addressing
   equity (e.g. rough sleeper, lonely resident, patient with
   complex needs, etc.)
- Direction of policy travel, regulators are asking provider partners to work in an integrated way
- Bringing together what we already have and making it 'business as usual'
- Creating economies of scale (e.g. CYP, Specialist Support, etc.)
- This is not new, it's about **building on existing integrated delivery models** and programmes of work:

## The Change We Want to See

Stories we want to create with our residents







"Without my children I don't know what I'd do. They used to spend so much time repeating information and trying to book appointments, and helping to make sense of the system. I was stuck in hospital for two extra weeks because I needed a special bed and alarm fitting in my home to be discharged. When I returned home, I felt I was keeping up with the system rather than focusing on getting better."

#### The Future

"Now we have health visitors who sorted out my flat and check in on me to make sure I'm doing my exercises and managing my medication. They set up my phone and showed me how to make appointments with my GP. They even found a local church that does day trips and picks me up every week. My children have more of their lives back and don't worry so much."



Alina, Krish and their children are supported in more suitable housing, and managing their youngest child's health conditions.

#### The Past

"Where we used to live and our whole family's health were intertwined. The flat had damp and mould, and the kids would get chest infections in winter. We couldn't afford to open the windows each day and heat the house again. The school used to call to ask why they had been absent so much. We tried everything to get better housing, but were on waiting lists for waiting lists,"

### The Future

"When our youngest who has epilepsy and autism started to deteriorate, we were brought into conversations between a nurse, housing support and a social worker. By joining the dots together, we could create a plan to make sure where we live now is going to a place where we see them all thrive."



"After losing my job, I felt isolated. My confidence and mental health were really low. Medicine and treatments are one side of things. The other is being connected to other people going through similar situations, and doing things that make me feel independent. I missed that so much when I lost my job, and couldn't bounce back financially or mentally."

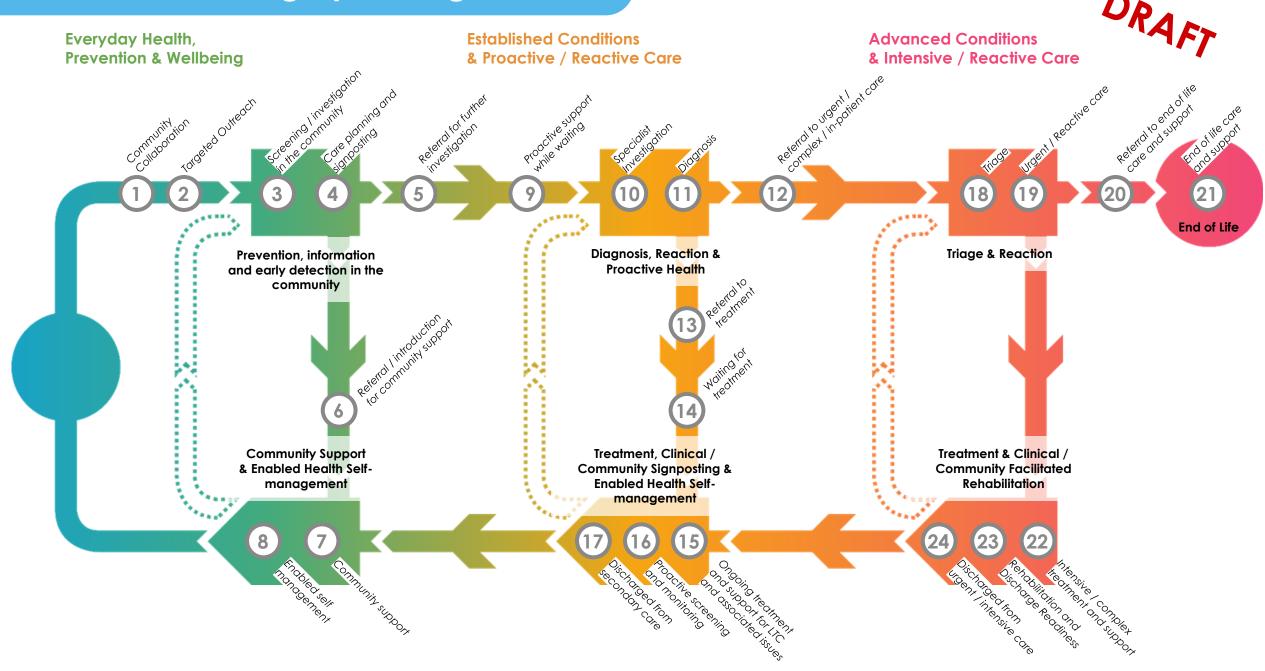
The Past



### The Future

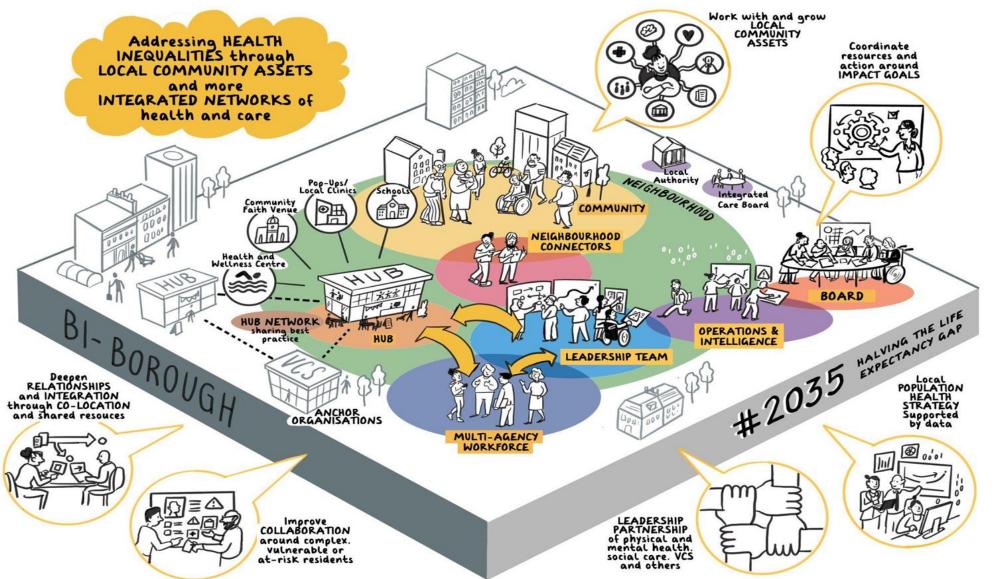
"My GP introduced me to a Social Prescriber. They sat down with me and listened to what I thought might help. Now I'm a regular at a mindfulness class in the local library, get exercise and volunteer at my local parkrun and am on a training course to ease me back into work. If you try to live positively, and get support to help you stay at work it has a great impact on all parts of your health."

## Our over-arching operating model



## Our co-designed operating model





## **Our Fundamentals**

For residents and communities



## Growing and Connecting Local Community Assets

Residents are connected to, and supported by rich and thriving local health and wellbeing offers. Residents and community groups are involved in co-delivering support.



### For staff



We are data-led and gather research with community members to influence how services are delivered to meet local needs and reduce health inequalities.



### Smart Collaboration Around At-Risk Residents

Residents in complex or deprived circumstances experience joined-up care from a broad range of professionals. Care plans are personalised; tasks and data are shared where appropriate



### Multi-agency Partnership Leadership

A core group leaders work together to set the course of action and monitor its collective impact on local residents. These include physical and mental health, social and community services.



### **Co-Location and Collaboration**

We foster closer relationships between professionals, agencies and community organisations. This includes multi-agency working at local hubs, as well as simplifying ways to collaborate virtually.



## Coordinating Action Towards Shared Goals

We galvanise action around shared missions with agreed priorities and measurable targets. These are acted upon by a local network of staff and community, including connector roles, Hubs, PCNs and other partners.

## We're already doing it

INTs are not new: It's about **building on existing integrated programmes of work:** 

### **Vibrant & Healthy Communities**

Our delivery vehicle to address health equity across Bi-Borough including vax/imms/screening, Connector Roles, Core 20+5 (pathways), #2035, Homelessness / Changing Futures

### My Care My Way:

An integrated health and social care system for older adults

### North Kensington Grenfell Recovery

A wide range of community-based support to bereaved and survivors

### **Violet Melchett**

Wide-Ranging health & care for our residents

## Connector (Octopus) Network

Connecting the ecosystem of health and care in our communities

Access
Primary Care & PCN

0-5 Early Start - Family Hubs

People with Long Term Conditions